

# Cognitive Complaints & Work

## Outpatient Clinic for Occupational Medicine

### Polikliniek Mens en Arbeid

The Outpatient Clinic for Occupational Medicine of the Amsterdam University Medical Center, is a facility for employees with complex work-related health problems that may affect the performance of their work.

#### Referral for employee with Cognitive Complaints and Work

This is information for occupational health physicians, employers and affiliated insurer with international employees or patients with an English speaking background.

Employees with cognitive complaints can experience difficulties with thinking, such as concentration problems, forgetfulness, loss of overview, or decreased accuracy, and these issues can interfere with work. A referral to our clinic can result in the advice to conduct a neuropsychological assessment (NPA).

Our neuropsychological assessments are conducted by experienced neuropsychologists who use a wide range of scientifically validated tests, including English-language neuropsychological tests. These assessments are specifically selected to reliably and validly measure cognitive functions. This enables us to gain a detailed understanding of the nature and cause of cognitive complaints and to accurately assess their impact on work.

#### Application

A NPA with an advisory consultation is conducted to map brain functions and diagnose the cause of the cognitive complaints. This assessment aims to distinguish as accurately as possible between

subjective complaints and cognitive impairments.

In some cases, additional diagnostics by a medical specialists may be required. This will be discussed with the occupational health physician or affiliated insurer in advance.

The Outpatient Clinic for Occupational Medicine collaborates with various departments within Amsterdam UMC, such as rehabilitation, neurology, and medical psychology, for further diagnostics, research, or advice.

#### Why Choose the Outpatient Clinic for Occupational Medicine

We work as a multidisciplinary team of specialized clinical occupational physicians, neuropsychologists, and medical specialists, all highly experienced in assessing cognitive problems and their impact on work.

We also offer preliminary consultations with one of our specialists to determine whether a referral would be beneficial. In addition to Cognitive Complaints and Work (Neuropsychological



assessment), we also provide guidance on treatment, workplace adaptation, and reintegration by offering these services outlined below:

- Occupational disease diagnostics
- Workload capacity assessment
- Workplace assessment
- Advice on workplace modifications.

## Referral Process

Referrals from occupational physicians must be made via our referral form at our website: [www.mensenarbeid.nl](http://www.mensenarbeid.nl) (click on orange box) or via the direct link:

### [Verwijzen | Polikliniek Mens en Arbeid](#)

Our clinical occupational physician will contact you to discuss the necessary assessment and will provide a customized quote of the price for a referral. Once approved, the assessment will be conducted, followed by a written report. After completing the process, the employer will receive an invoice, with the agreed price, from the Amsterdam UMC.

## Costs

Costs for assessments and advice are generally not covered by health insurance policies, but can be covered by the employer or affiliated insurer.

## General information on our Clinic

The Outpatient Clinic for Occupational Medicine of the Amsterdam University Medical Center (*Polikliniek Mens en Arbeid (PMA)*) is part of the Public Occupational Health department of the Amsterdam University Medical Center (UMC). Clinical care and scientific research are therefore closely linked. The PMA is located at the AMC location at Amsterdam.

## Do you have any questions?

Please feel free to contact us at the Outpatient Clinic for Occupational Medicine (PMA). We are glad to offer our assistance.

020 - 566 3801

[mensenarbeid@amsterdamumc.nl](mailto:mensenarbeid@amsterdamumc.nl)

<https://www.mensenarbeid.nl>

### **Polikliniek Mens en Arbeid**

*(Outpatient Clinic for Occupational Medicine)*

Dept. Public and Occupational Health

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